

SEASON 2024-25



v



&



STANWAY PEGASUS

versus

WHITTON UNITED

Wednesday, 25th September, 2024

Kick-off 7.45 p.m. Division One North

STANWAY PEGASUS

versus

DUSSINDALE & HELLESDON ROVERS

Saturday, 28th September, 2024

Kick-off 3.00 p.m. Division One North

Ground: The Crops, West Street, Coggeshall

Official Programme £ Free



STANWAY PEGASUS FC

Email: Chairman Chris Powell. cgpowell76@gmail.com
Secretary Rosi Webb. rosibellpoppet@hotmail.com



Welcome to THE CROPS

DIRECTORY

Club Owner: Ian Booth
Hon Club President: Paul Booth
Chairman: Chris Powell
Vice Chairman: Aidan Theedom
Club Treasurer: Steve Macklin
Book Keeper: Dave Dukeow
Head of Commercial: Glenn Chapman
Senior Secretary: Rosi Webb
Senior Fixture Secretary/ Registration Secretary: Steve Parker
Senior Development Officer: Aidan Theedom
Club Welfare Officer: Samir Rhaiti
Social Media & Marketing Executive: Jade Clemmens
Mens & Ladies: Jade Clemmens
Events & Fundraising: Cara Greenley
Programme Editor: Steve Parker

Mens 1st team Manager: Rosi Webb
Assistants: Lee Braddon, Ian Booth & Josh Oatham
Physio: Sam Beddoes
Reserves Manager: Tom Poole
Reserves Assistant: Aaron Lyon
Under 23's Manager: Tommy Winnard
Under 23's Assistants: Steven Shadbolt, James Aves & Matthew Taylor

Ladies Manager: Luke Worley
Assistant: Sophie Thorpe
Reserves Manager: Rosi Webb
Reserves Assistant: Jade Clemmens

Head of Youth: Ray Turner
Boys Youth Secretary: Carl Booth
Head of Girls Youth & Secretary: Darren Callender
Boys Fixture Secretary: Terry Shadbolt
Girls Fixture Secretary: Vacant

RECENT HONOURS

Eastern Counties (Thurlow Nunn) League
Division One South :
Play Off Runners Up 2022-23
Essex & Suffolk Border League
Premier Division Champions 2021-22
Knockout Cup Winners: 2021-22
Essex County Womens League
Premier Division Champions 2022-23

RECORDS

Best FA Vase performance:
4th Round Proper (Last 32)
Lost 2-1 at Romford FC 13th January 2024

Highest Home Attendance:
399 v Sporting Bengal United, 29th April 2023
Thurlow Nunn Division One South Play Off Final,

Highest Home League Attendance:
248 v Wivenhoe Town, 8th August 2022
Thurlow Nunn Division One South,

Highest Attendance at a Pegasus fixture:
478 away at Halstead Town 21st October 2023
FA Vase 1st Round

GROUND REGULATIONS

All persons entering the Stadium on match days are only admitted subject to these rules and regulations:

- 1)** The Club reserves the right to eject from the ground and prosecute, if thought appropriate, any person within the clubs premises who is considered in breach of the following: **a)** Entering the ground by any means other than through the proper turnstiles or gates. **b)** Entering the field of play before, during or after the game. **c)** Using obscene or abusive language or persistent swearing likely to cause offence. **d)** Using terms of abuse, racial or otherwise, that is likely to offend. **e)** Being drunk or being under the influence of drugs. **f)** Making vulgar or obscene gestures. **g)** Carrying any offensive object or throwing any article onto the field of play.
- 2)** The Club reserves the right to refuse admission or eject from the ground any person who refuses to be searched by any servant or agent of the club or any Police Officer.
- 3)** No glass bottles, drinking glasses or other such article or object is permitted in the ground and the Club Officials / Stewards will have the right to seize or confiscate any item or article considered to be a danger to others.
- 4)** Climbing of the fences, stands and other structures including sitting on the barriers around the pitch is not permitted.
- 5)** All vehicles are parked at the owner's risk.
- 6)** Only players, officials and club personnel may enter the changing room area.

Firstly we would like to welcome the management team, players, committee and supporters of both Whitton United Football Club and Dussindale & Hellesdon Rovers Football Club to our shared home here at Coggeshall Town. We hope you have all had good trips here and all have a safe journey home.

Whitton United are a bit of a surprise package this season and after struggled last year and they appear to have put together a side that will be looking at a play off place. So far they have won 7 out of 7 away games including 1 in the League Cup at Diss Town and 1 in the Suffolk County Cup at Debenham LC .With only 2 defeats this season at home v Haverhill Rovers and 3-0 against Dussindale & Hellesdon Rovers which goes to show that despite their league position at the moment Dussindale cannot be taken lightly and they can beat anybody on their day.

Our last two home games were closer than the scores suggest, v Hoddesdon Town in the League Cup it was very even for the first 20 minutes and the first goal was going to be crucial. We then scored 3 quick goals in 10 minutes and it was 3-0 after half an hour and that is how it stayed although again there was nothing between the teams in the second half. We face the toughest test in the next round away at League Cup holders Harlow Town who are favourites for promotion this season.

Cup draws have not been kind; in the BBC Essex Senior Cup we face a trip to top Essex Senior League side Saffron Walden Town which will be a tough test. Still we were always planning to concentrate on the Vase !

Then 3 days later against FC Parson Drove we got a was a 3-1 victory that had to be fought hard for on a very hot sunny day and again there was little between the teams. But grinding out results with hard work is a good thing.

On Sunday the Womens first team made more club history by winning again in the FA Cup 4-2 at Shrub End against Aylsham from Norwich and they will now compete in the 3rd Qualifying Round on Sunday October 13th. Keep an eye on the social media channels for news of the draw.

#UTSP Steve Parker, Programme Editor



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HOW many times do you hear about the next Jamie Vardy? Everyone is on the look-out for the diamond in the rough who could be a lottery ticket to super stardom.

What the Leicester City striker has achieved since leaving Fleetwood Town all those years ago – a Premier League title and appearances at major tournaments with England – is comic book stuff.

It's guaranteed there will be a handful of players playing Non-League football this weekend who will be playing in the Premier League or Championship in the very near future.

The reality is there will be many more dreams that aren't realised. But that doesn't mean it ends there. And there are some pretty inspiring stories when it comes to the world of coaching.

You may have seen recently that Andy Mangan, promoted into the Football League with Accrington Stanley, Fleetwood Town and Tranmere Rovers, was on the verge of joining the coaching staff at Real Madrid!

Anyone who has ever met Mangan will be able to tell you what a lively, bubbly character he is and how much he loves football.

Mangan, the story goes, impressed Madrid boss Carlo Ancelotti's son Davide on their Pro Licence course and they wanted to take the current Stockport County coach to the Bernabeu.

Frustratingly for Mangan, the move has fallen through because of a work permit. But his time will surely come.

NLP columnist – and former professional footballer – Gregor Robertson, wrote about Mangan's rise in the paper a couple of weeks ago.

Gregor highlighted how football has finally caught up to the idea that the best coaches aren't always the people who have been at the top in their playing days. It does, however, show, the levels former players can potentially reach.

Gregor talks about Anthony Barry (pictured) – who played for Wrexham, Fleetwood Town and Forest



Green in Non-League – and all he has achieved since hanging up his playing boots.

"To master the art of facing audiences, he had taken it upon himself to give talks and coach in a Liverpool prison, in schools. He even hired a presentation coach and joined a speakers' club," Gregor writes.

"A few years later, he was Paul Cook's assistant coach at Wigan Athletic, and the youngest member on the Pro Licence course with the FA. With the likes of Frank Lampard and Michael Carrick in his cohort, he knew he had to do something different to stand out. The dissertation he produced — The Undervalued Set Piece, for which he studied 16,380 throw-ins — did just that, earning him the class's top mark when he graduated.

"When Lampard was handed the Chelsea job, he gave Barry the chance of a lifetime too. And so began a remarkable journey, from Champions League glory to the Bundesliga and Bayern Munich with Thomas Tuchel, and a World Cup and Euros with Belgium and Portugal respectively alongside Roberto Martinez."

It's incredible to see how much Barry is achieving at the elite levels of the game and all credit to him.

So the question isn't just who is the next Jamie Vardy, but who is the next Anthony Barry?



Whitton United have had a presence in Ipswich since the late 1800's, though our present history dates back to 1926, when we are first mentioned in the Suffolk & Ipswich League directory. The club originally played their games behind the Whitton Crown public house where they won the Minor Cup in 1926/27 season. There was a second pitch at Grove Meadow, Whitton Church Lane, which was also used for cows to graze on during the week so players and supporters together were obliged to take the goalposts out of the sockets and place them in the hedge after each game. This pitch was only utilised for a couple of seasons due to obvious problems before the club moved behind the Whitton Maypole public house before moving down the road to the KGV, and over the years gained a great deal of success, to such an extent that several players were lost to Ipswich Town. With much of the early success' lost to history, we have to wait until 1948 when Whitton United lost 3-1 v Lowestoft Town in the Suffolk Senior Cup at Portman Road. With a very talented side they lifted the trophy in two consecutive years, 1959 and 1960, beating Bungay Town on both occasions with a score of 3-0. In 1992 our final Senior Cup final appearance was made beating Long Melford 2-0. Whitton United played their football in various leagues around the Suffolk and Essex area. In the 1970's, Whitton were going through one of their worst patches in their history both on and off the field. Being relegated from the Essex and Border League and suffering from financial difficulties, Whitton United became members of Division 2 of the Ipswich District League. Under the guidance of Dennis Thrower better times returned to King George V Playing fields. The team was rebuilt and in the coming year's success was achieved with the winning of the Second and then the First Divisions which saw us regain our senior status in 1991. Success was maintained during the nineties with the appointment of Graham Emmerson. The team won the Suffolk and Ipswich League Championship in 1993 and again in 1995. With their

ambitions realised it was time to take the club to the next level and joined the Jevson League in the 1995/96 season, finishing a very commendable sixth. Under the management of Kevin Cunningham Whitton reached their best finish in this division of third in 2002, just missing out on promotion. To ensure a bright future for the club, the chairman linked Whitton United with the Suffolk College PASE scheme, which has brought through some very talented youngsters who have not only played for this club but other local teams. With the loss of many players at the start of the 2005/6 season a rebuilding programme was put in place. Gary Thompson together with Neil Gregory as assistant manager managed to achieve the clubs first ambition quickly, gaining promotion to the Premier division of the Eastern Counties League at their first attempt, although unfortunately the team were unable to fulfil all their fixtures and were withdrawn in January 2009. For the 2009/2010 season Ian Brown was appointed manager with Neil Shade his assistant, finishing in a credible mid table position. In 2010/11 he built on the previous season taking the club to and winning the County FA's senior cup. In the league following a hard fought campaign the club finished as runners-up but were unable to take promotion due to ground grading. Season 2011/12 proved to be bittersweet with Ian Brown taking the team to two cup finals, retaining the county cup. However with a third place finish the club again failed to gain promotion as this season only two were promoted to the premier division. Ian Brown moved on at the end of the season and has been replaced by Paul Bugg. Paul set about his task of renewing the squad. The team finished above mid-table and runners-up in the County FA's senior cup in season 2012/12. Season 2013/14 has proven to be the most successful in the club's

history with reaching the final of the county FA's senior cup for the fourth year in a row and gaining revenge over local rivals Ipswich Wanderers and a third success in that time. More importantly for the club success was gained in the league by winning the Thurlow Nunn Division One title and promotion to the premier division. Season 2014/15 was a year for consolidation and so it proved with a mid-table finish. The highlight of the season was reaching the final of the County FA's Premier Cup, losing narrowly to a Lowestoft team that played three levels above us. A change of manager saw Glenn Snell taking the reins. Unfortunately, results were hard to come by and Glen and the club parted company. The club moved quickly to bring in Duncan Wheeler, whose vision to develop the talent within the club proved an attractive proposition. Unfortunately, this appointment didn't work out and the club appointed Steve Jay and old-boy Robbie Knott as his replacement. At the end of the 2016/17 season Steve Jay retired from football management and the club appointed Shane Coldron who had proven himself at youth level and assisted with winning the Thurlow Nunn league with our local rivals. Season 2017/18 proved to be a successful one for the club, led by Shane who with a very young side achieved promotion to the premier division at the first time of asking and won the Division One Knock-Out Cup for the first time in the club's history. Season 2018/19 saw the club finish mid-table of the premier division. Followed by relegation to the Thurlow Nunn North division the season after the end of the Covid break. Season 2022/23 and Season 2023/24 saw the club re-focus on trying to bring youth through the club. Although results were not as good as the club would have liked the ethos at the club was proving to be productive. Season 2024/25 sees Jack Wignall take charge with the ambition to keep the club on the right track of slow progression but with the right attitude, determination and commitment.



The club was established in 2020 after a merger between Dussindale Rovers and Hellesdon FC. Soon after, teams from Thorpe Rovers and Spowston Ladies were amalgamated into the club.

They now have a variety of teams at all age levels, 26 in all. The first team had a truncated start to life due to the pandemic.

They then finished as runners-up behind Heacham in 2022 before winning the title in their own right in 2023. This, combined with securing a place at The Nest in Norwich meant that they could be promoted to the Eastern Counties D1 North.

Just as in 2022, Heacham would be their nemesis when they made their FA Vase debut this season as they lost 2-0. They play in Horsford, a village six miles north of Norwich which is surrounded by the Horsford Forest and is named after the dried-up section of the River Hor.

Its population has seen a steady increase since the Second World War, growing from 750 in 1945 to 4,163 at the 2011 Census.

There are various explanations of the village name. It is usually said to derive from 'horse ford', but it has also been suggested that it comes from the River Hor on which the village stands (more usually known to

locals as 'the Beck').

A third explanation is that it comes from Horsa, the name of a Saxon chief.

Dussindale Rovers FC were formed in 2010 and played its first five seasons in Sunday football. In 2016 they changed to Saturday Football, winning the Norwich Saturday League in their first season. They then spent a couple of seasons in the Anglian Combination Division 5 North and were champions in 2019.

They spent their final season in the Anglian Combination Division 4 with the season



curtailed due to Covid. The valley known as Dussindale is the site where Kett and his rebels were defeated by the Earl of Warwick's army in August 1549. Boundary Lane now runs along the valley.

Originally, they played out of Thorpe St Andrew, a town and civil parish in the Broadland district of Norfolk. It is situated on the River Yare, two miles east of the centre of Norwich,



and is outside the boundary of the city. The civil parish has a population of just under 15,000

Hellesdon FC was established in 1959, playing in local football initially. They played local football at first, joining the Anglian Combination at some point. The first record of them was in 1996/97 when they were relegated from Division 1.

The following season was no better and by 1998, they were in Division 3. It would take them until 2005 to recover when a 3rd place finish was good enough for promotion to Division 2.

They'd only stay for a single season, being promoted again after a 4th place finish in 2008. This time they would be more successful, finishing as runners-up to Norwich CEYMS to win promotion to Division 1.

In 2017, they would win promotion to the Premier Division where they would remain until the merger.

Hellesdon is a village in the District of Broadland in Norfolk. It lies approximately four miles north-west of Norwich city centre and has a population of 11,132, according to the 2011 Census. Norwich International Airport immediately adjoins the parish. The team played at the community centre up until the merger.

Photos thanks to Jade Clemmens. @jc_mediacreativity

MENS FIRST TEAM ACTION

2024-25 STANWAY PEGASUS

v FC PARSON DROVE



MENS FIRST TEAM



2024/25	OPPOSITION	COMP	RES	ATT	PEGASUS SCORERS
Sat 27 Jul	A Diss Town	TNL	0-1	101	-
Wed 31 Jul	H Haverhill Borough	TNL	3-1	103	Birch, M Booth, McDonald
Sat 3 Aug	H Pinchbeck United	TNL	1-0	86	M Booth
Sat 10 Aug	A Needham Market Res	TNL	4-0	30	Savage, Jarrett, M Booth, Smith
Sat 17 Aug	A FC Peterborough	TNL	1-2	87	Barron
Sat 24 Aug	A Gorleston Reserves	TNL	5-1	18	Jarrett, Pinkney, M Booth, Rea, Gee
Sat 31 Aug	H Leiston U23	TNL	5-0	94	Barron, M Booth, Jarrett, Pinkney, Evans
Tue 3 Sep	A Harwich & Parkeston	TNL	0-1	205	-
Sat 7 Sep	A Holbeach United	TNL	3-0	97	Robertson 2, M Booth
Wed 11 Sep	H Hoddesdon Town	LC 2	3-0	86	Birch 2, Jarrett
Sat 14 Sep	H FC Parson Drove	TNL	3-1	114	Jarrett 2, Robertson
Wed 25 Sep	H Whitton United	TNL		7:45pm	
Sat 28 Sep	H Dussindale & H Rovers	TNL		3:00pm	
Tue 1 Oct	A Saffron Walden Town	ECC 1		7:45pm	
Sat 5 Oct	A Whittlesey Athletic	TNL		3:00pm	
Tue 8 Oct	A Holland FC	TNL		7:45pm	
Sat 12 Oct	H Wivenhoe Town	TNL		3:00pm	
Sat 19 Oct	A Leiston U23	TNL		3:00pm	
Sat 26 Oct	A FC Parson Drove	TNL		3:00pm	
Sat 2 Nov	H Diss Town	TNL		3:00pm	
Tue 5 Nov	A Harlow Town	LC3		7:45pm	Date depends on either side being in the Essex Senior Cup
Sat 9 Nov	FA Vase 2nd Round	FAV 2R		3:00pm	
Sat 16 Nov	A Whitton United	TNL		3:00pm	
Sat 23 Nov	A Swaffham Town	TNL		3:00pm	
Sat 7 Dec	H Holbeach United	TNL		3:00pm	
Sat 14 Dec	A Pinchbeck United	TNL		3:00pm	
Sat 21 Dec	H Needham Market Res	TNL		3:00pm	
BH 26 Dec	A Haverhill Borough	TNL		11:00am	
Sat 28 Dec	H Haverhill Rovers	TNL		3:00pm	
Sat 11 Jan	A AFC Sudbury Reserves	TNL		3:00pm	
Sat 18 Jan	H Holland FC	TNL		3:00pm	
Sat 25 Jan	A Haverhill Rovers	TNL		3:00pm	
Sat 1 Feb	H FC Peterborough	TNL		3:00pm	
Sat 15 Feb	H AFC Sudbury Reserves	TNL		3:00pm	
Sat 8 Mar	H Swaffham Town	TNL		3:00pm	
Sat 15 Mar	A Wivenhoe Town	TNL		3:00pm	
Sat 22 Mar	H Whittlesey Athletic	TNL		3:00pm	
Sat 29 Mar	A Dussindale & H Rovers	TNL		3:00pm	
Sat 12 Apr	H Gorleston Reserves	TNL		3:00pm	
Sat 19 Apr	A Framlingham Town	TNL		3:00pm	
BH 21 Apr	H Harwich & Parkeston	TNL		3:00pm	
TBA	H Framlingham Town	TNL		tbc	
Sat 26 Apr	Play Off SF	TNL		3:00pm	
3/4/5 May	Play Off Final	TNL		3:00pm	

FIRST TEAM STATS



	TO & INC			LEAGUE			LEAGUE CUP			FA VASE			ESSEX CUP			TOTALS		
	FC PARSON DROVE	A	SUB	GLS	A	SUB	GLS	A	SUB	GLS	A	SUB	GLS	A	SUB	GLS		
Sam Felgate (GK)	10	0	0	1	0	0	0	0	0	0	0	0	0	11	0	0		
Max Booth	10	0	6	0	1	0	0	0	0	0	0	0	0	10	1	6		
Zac Smith-Walter	9	1	0	0	1	0	0	0	0	0	0	0	0	9	2	0		
George Barron	9	1	2	0	1	0	0	0	0	0	0	0	0	9	2	2		
Harry Boon	5	5	0	1	0	0	0	0	0	0	0	0	0	6	5	0		
Harry Savage	9	0	1	1	0	0	0	0	0	0	0	0	0	10	0	1		
Aaron Birch	7	2	1	1	0	2	0	0	0	0	0	0	0	8	2	3		
Freddie Hayes	7	2	0	1	0	0	0	0	0	0	0	0	0	8	2	0		
Harry Pinkney	5	5	2	0	0	0	0	0	0	0	0	0	0	5	5	2		
Brosnan Jarrett	5	3	5	1	0	1	0	0	0	0	0	0	0	6	3	6		
Harvey Evans	6	1	1	1	0	0	0	0	0	0	0	0	0	7	1	1		
Harrison Smith	4	3	1	0	1	0	0	0	0	0	0	0	0	4	4	1		
Harry McDonald	6	0	1	1	0	0	0	0	0	0	0	0	0	7	0	1		
Jordan Robertson	4	1	3	1	0	0	0	0	0	0	0	0	0	5	1	3		
Dylan Gee	2	3	1	0	0	0	0	0	0	0	0	0	0	2	3	1		
Dylan Ketley-Gregan	2	2	0	0	1	0	0	0	0	0	0	0	0	2	3	0		
Joshua Obanleowo	2	1	0	1	0	0	0	0	0	0	0	0	0	3	1	0		
Jack McPherson	2	1	0	0	0	0	0	0	0	0	0	0	0	2	1	0		
Elliott George	1	2	0	0	0	0	0	0	0	0	0	0	0	1	2	0		
Josh Dillon	0	2	0	1	0	0	0	0	0	0	0	0	0	1	2	0		
Josh Chapman	2	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0		
Bobby Rea	2	0	1	0	0	0	0	0	0	0	0	0	0	2	0	1		
Ben Morris	0	2	0	0	0	0	0	0	0	0	0	0	0	0	2	0		
Harry Willoughby	1	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0		
Matt Geen	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	0		
Ollie Booth	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	0		
Ben Parkin	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	0		
Own goals for	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
Totals	110	40	25	11	5	3	0	0	0	0	0	0	0	121	45	28		



Stanway Pegasus Football Club was derived from the most successful Sunday League side in Colchester history, AFC Pegasus, who won an incredible 64 honours over a period of 30 years with Paul and Heather Booth at the helm for every one of them.

AFC Pegasus in turn was created from Pegasus Youth in 1985 who had a great history in the Colchester Youth League for many years dating back to the early 1970's with the founder being Mr Peter Peters.

When Paul and Heather stepped aside a new era was about to begin and the transition from Sunday League to Saturday football for the senior team in 2018 opened the door for the return of the youth set up at the club.

With passion and drive to succeed than ever before, both off and off the pitch, we were ready to start that new era. With various youth and men's teams in full swing, our vision is to be one of the biggest clubs in Essex that has men's teams competing at a high level of non-league football who lead the way for the youth set-up. This youth set-up will progress through their age groups starting at U6's, all the way through to U18's.

This is what we call 'The Pathway'. Although player development is a key aspect of our philosophy, the aim for the youth is to enjoy playing football for Stanway Pegasus and looking at the talented home grown youth squads we have, boys and girls the future is looking very good under the guidance of our Head of Youth Ray Turner (Pictured).

The Club prides itself hugely on former and current players plus youth managers taking



up major roles within the Club whilst surrounding ourselves with people we trust.

Soon to be added to the Pegasus family were the women, girls and recently the Vets as the club proudly sits at over 30 teams have been the fastest growing Club in the area and success is no stranger with many league titles and promotions along with cup success the Club is blossoming into a huge success story and long may it continue.

Senior football for the men's first team was secured for the first time at the end of the 2021 /22 season with the team gaining promotion from Essex and Suffolk Border Premier League where they went unbeaten winning the league with 98 points from 34 games scoring 126 goals in the process.

They also beat Tiptree Heath 1-0 in the League Cup Final at Little Oakley. Max Booth was the Division's top goal scorer with 34 (26 league and 8 Cup)

2022/23 Season saw the team in the Eastern Counties Division One South where we narrowly lost out on promotion at the first attempt via a penalty

shoot out after a 2-2 draw against Sporting Bengal.

Although heartbreaking at the time looking back and what a debut season for the club in senior football. Callum Griffith was the Division's top goal scorer with 32 (29 league and 3 Cup / Play offs)

Rosi Webb has been a revelation for our club during this period being the Men's 1st team manager while also playing in the successful ladies' teams she is Mrs Pego and quite rightly getting the accolades she deserves.

From the 2023/24 Season the Men's first team moved sideways from the Eastern Counties Division One South division to the North division while the Men's Reserve team are competing in the Essex and Suffolk Border League's Premier Division.

The ladies have been just as successful in a short period of time with winning the Essex County Women's Premier League piping by 2 points local rivals Stanway Rovers to seal back to back promotions that now see them competing in the Eastern Region League for the first time as the club looks to push on in all fronts.

A Ladies reserve team was started up and joined the Essex County Woman's League Division 3.

The club also entered the FA Vase for the first time playing six matches beating Haverhill Borough, Takeley, Halstead Town, Barkingside and London Lions before falling to Romford in the 4th Round proper.

The first team season end in Play Off defeat for a second season running, this time 3-0 at Holland FC in the Semi Finals.

2024/25	OPPOSITION	COMP	RES	PEGASUS SCORERS
Sat 10 Aug	H Thorpe Athletic	ESBL	0-1	-
Tue 13 Aug	H Alresford Colne Rangers	ESBL	1-2	Griffith, Played at Alresford
Sat 17 Aug	H Brightlingsea Town	ESBL	0-2	-
Tue 20 Aug	A Barnston (Dunmow)	ESBL	2-2	Payne 2,
Sat 24 Aug	A Tiptree Heath	ESBL	1-0	King
Sat 31 Aug	A Kings Park Rangers	ESBL	2-4	Payne, O Booth,
Sat 7 Sep	A East Thurrock Community	ESBL	2-1	Brooks
Sat 14 Sep	H Cressing United	ESBL	0-0	-
Sat 21 Sep	A Silver End	KO Cup	4-1	????
Sat 28 Sep	A Alresford Colne Rangers	ESBL		
Sat 12 Oct	A White Notley	ESBL	3.00pm	
Sat 19 Oct	H Earls Colne	ESBL	3.00pm	
Sat 26 Oct	H Hatfield Peveral	ESBL	3.00pm	
Sat 2 Nov		ESBL		
Sat 9 Nov	H Waltham Forest 1st	ECC	3.00pm	BBC Essex Saturday Premier Cup
Sat 16 Nov		ESBL		
Sat 23 Nov		ESBL		
Sat 30 Nov	H Alresford Colne Rangers	KO Cup	2.00pm	



E&S BORDER LEAGUE PREMIER	P	W	D	L	F	A	GD	Pts
1 Kings Park Rangers	8	7	0	1	27	9	18	21
2 Earls Colne	9	5	1	3	23	11	12	16
3 Brightlingsea Town	6	5	0	1	16	10	6	15
4 Thorpe Athletic	7	4	2	1	15	10	5	14
5 Alresford Colne Rangers	8	4	2	2	17	13	4	14
6 Barnston	8	4	2	2	15	12	3	14
7 Cressing United	6	3	2	1	8	3	5	11
8 Sudbury Sports F.C.	8	3	1	4	17	17	0	10
9 Hatfield Peverel	8	3	0	5	20	20	0	9
10 Dedham Old Boys	8	1	5	2	9	13	-4	8
11 Stanway Pegasus Reserves	8	2	2	4	8	12	-4	8
12 Belle Vue Social Club	5	2	0	3	5	13	-8	6
13 White Notley	7	1	1	5	13	21	-8	4
14 East Thurrock Community	7	1	0	6	6	19	-13	3
15 Tiptree Heath	5	0	0	5	7	23	-16	0

Manager Tom Poole





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2024-25 STANWAY PEGASUS FIXTURES & RESULTS

MENS UNDER 23'S TEAM



2024/25	OPPOSITION	COMP	RES	PEGASUS SCORERS
Sat 31 Aug	A Wivenhoe Town U23	TNL	1-3	Humphreys
Sat 7 Sep	H FC Clacton U23	TNL	3-1	Henry 2, White
Sat 14 Sep	A Hadleigh United U23	TNL	2-5	Hills, Hudson
Sat 21 Sep	H AFC Sudbury U23	TNL	2-4	Evans, Clouder
Sat 28 Sep	A Stanway Rovers U23	TNL	3.00pm	
Sat 5 Oct	A Waltham Abby A	ECC	2.00pm	BBC Essex Saturday Premier Cup NOTE 2pm KO at Stanway School
Sat 12 Oct	H Ipswich Wanderers U23	CT	3.00pm	
Sat 19 Oct	H Long Melford U23	TNL	P-P	
Sat 26 Oct	A Holland FC U23	TNL	3.00pm	
Sat 2 Nov	A Harwich & Parkeston U23	TNL	3.00pm	
Sat 9 Nov	A Halstead Town U23	TNL	3.00pm	
Sat 16 Nov	H Wivenhoe Town U23	TNL	3.00pm	
Sat 23 Nov		TNL	3.00pm	
Sat 30 Nov	A AFC Sudbury U23	TNL	3.00pm	
Sat 7 Dec	H Haverhill Rovers U23	TNL	3.00pm	
Sat 14 Dec	H Stanway Rovers U23	TNL	3.00pm	
Sat 21 Dec		TNL	3.00pm	
Sat 28 Dec		TNL	3.00pm	
Sat 4 Jan		TNL	3.00pm	
Sat 11 Jan		TNL	3.00pm	



Manager Tom Winnard

THURLOW NUNN UNDER 23 SOUTH	P	W	D	L	GD	Pts
1 Brantham Athletic U23	5	3	1	1	2	10
2 Long Melford U23	4	3	0	1	4	9
3 Wivenhoe Town U23	5	3	0	2	-1	9
4 Harwich & Parkeston U23	5	2	2	1	4	8
5 Haverhill Rovers U23	4	2	1	1	3	7
6 Hadleigh United U23	2	2	0	0	5	6
7 Stanway Rovers U23	4	2	0	2	2	6
8 AFC Sudbury U23	4	2	0	2	-1	6
9 Halstead Town U23	4	2	0	2	-1	6
10 Stanway Pegasus U23	4	1	0	3	-5	3
11 Holland U23	3	0	0	3	-5	0
12 FC Clacton U23	4	0	0	4	-7	0



WOMANS FIRST TEAM

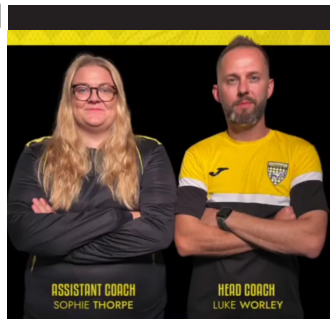
ERL = Eastern Region Womens League, FAC= FA Cup, LC = League Cup, CC = County Cup, LP = League Plate



2024/2025	OPPOSITION	COMP	RES	Goal scorers
Sun 18 Aug	A Colney Heath	ERL	3-4	Jenkins 2, Przbylek
Sun 25 Aug	H Lawford Ladies	ERL	3-0	Horne 3,
Sun 1 Sept	A Mulbarton Wanderers	FAC 1Q	3-2	Horne 2, Wetherby
Sun 8 Sept	A Chelmsford City	ERL	1-4	Horne
Sun 15 Sept	A Frontiers Ladies	ERL	3-2	Horne 4, Wetherby 2
Sun 22 Sept	H Aylsham (Norwich)	FAC 2Q	4-2	Przbylek, Clark, Richardson, Horne
Sun 29 Sept	A Hertford Town	ERL	2pm	-
Sun 6 Oct	H Wormley Rovers	ERL	2pm	-
Sun 13 Oct		FAC 3Q	2pm	-
Sun 20 Oct	A Bowers & Pitsea	CC 1r	1.30pm	-
Sun 27 Oct	H Toby Ladies	ERL	2pm	-
Sun 10 Nov	H Colney Heath	ERL	2pm	-
Sun 24 Nov	H Chelmsford City	ERL	2pm	-
Sun 1 Dec	H Frontiers Ladies	ERL	2pm	-
Sun 8 Dec	A Romford Town Flyers	ERL	2pm	-
Sun 15 Dec	A Lawford Ladies	ERL	2pm	-
Sun 5 Jan	H Hertford Town	ERL	2pm	-
Sun 12 Jan	A Wormley Rovers	ERL	2pm	-
Sun 19 Jan	H Southend United	ERL	2pm	-
Sun 26 Jan	A Hutton W	ERL	2pm	-
Sun 2 Feb	A Toby Ladies	ERL	2pm	-
Sun 9 Feb	H Hutton W	ERL	2pm	-
Sun 16 Feb	A Cheshunt	ERL	2pm	-
Sun 23 Feb	H Cheshunt	ERL	2pm	-
Sun 2 Mar	H Romford Town Flyers	ERL	2pm	-
tba	A Southend United	ERL	2pm	-



EASTERN REGION WOMANS DIV 1 SOUTH	P	W	D	L	GF	GA	GD	Pts
1 Colney Heath FC Ladies	6	4	0	2	28	11	17	12
2 Southend United Ladies FC	5	4	0	1	9	6	3	12
3 Chelmsford City FC Women	4	3	0	1	14	5	9	9
4 Hertford Town FC Women	3	3	0	0	10	3	7	9
5 Hutton FC Women	4	3	0	1	12	8	4	9
6 Wormley Rovers Ladies FC	3	2	0	1	11	2	9	6
7 Stanway Pegasus Women FC	4	2	0	2	13	10	3	6
8 Lawford Ladies FC	5	1	1	3	15	10	5	4
9 Frontiers Ladies FC	5	1	0	4	18	20	-2	3
10 Toby Ladies FC	3	1	0	2	4	8	-4	3
11 Romford Town Flyers Women FC	4	0	1	3	2	10	-8	1
12 Cheshunt FC Women	4	0	0	4	1	44	-43	0



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WOMANS RESERVES

EWL = Essex Womens League, LC = League Cup, CC = Essex County Cup, EWT = Essex Womens Trophy



2024/2025	OPPOSITION	COMP	RES	Goal scorers
Sun 8 Sept	H Emerson & Upminster	EWL	1-4	Hyde
Sun 15 Sept	A Heddinghams United	EWL	1-7	Clemmens
Sun 22 Sept	H Stanway Rovers 1st	CC Pre	1-3	Schneider
Sun 29 Sept	H Hutton Development	EWL	2pm	-
Sun 6 Oct	A Barking Reserves	EWL	2pm	-
Sun 13 Oct	H Stones	EWL	2pm	-
Sun 20 Oct	H Rayleigh	EWL	2pm	-
Sun 27 Oct	A Emerson & Upminster	EWL	2pm	-
Sun 3 Nov	H Heddinghams United	EWL	2pm	-
Sun 10 Nov	A Great Danes	EWL	2pm	-
Sun 17 Nov	A Hutton Development	EWL	2pm	-
Sun 24 Nov	H Barking Reserves	EWL	2pm	-
Sun 1 Dec	H Stones	EWL	2pm	-
Sun 8 Dec	A Rayleigh	EWL	2pm	-
Sun 15 Dec	H Great Danes	EWL	2pm	-

ESSEX COUNTY WOMANS DIVISION TWO	P	W	D	L	GF	GA	GD	Pts
1 Heddinghams United Ladies FC	2	2	0	0	14	2	12	6
2 Hutton FC Women Development	2	2	0	0	11	1	10	6
3 Great Danes FC Women	2	1	0	1	8	7	1	3
4 Barking FC Women Reserves	2	1	0	1	4	3	1	3
5 Emerson & Upminster Ladies FC	2	1	0	1	5	5	0	3
6 Rayleigh Ladies FC	3	1	0	2	3	10	-7	3
7 Stones Ladies FC	3	1	0	2	2	10	-8	3
8 Stanway Pegasus Reserves	2	0	0	2	2	11	-9	0





Thurlow Nunn Premier

	P	W	D	L	F	A	GD	Pts
1 Fakenham Town	10	7	1	2	26	16	10	22
2 Ely City	10	7	0	3	23	12	11	21
3 Walsham Le Willows	12	7	0	5	20	17	3	21
4 Thetford Town	10	6	1	3	26	14	12	19
5 Dereham Town	9	6	1	2	17	11	6	19
6 Great Yarmouth Town	7	5	1	1	11	4	7	16
7 Woodbridge Town	10	5	1	4	19	19	0	16
8 Mulbarton Wanderers	8	5	0	3	13	5	8	15
9 Brantham Athletic	8	5	0	3	14	9	5	15
10 Hadleigh United	9	5	0	4	14	11	3	15
11 Soham Town Rangers	8	3	3	2	15	10	5	12
12 Downham Town	6	4	0	2	14	10	4	12
13 Kirkley & Pakefield	11	3	3	5	12	17	-5	12
14 Stowmarket Town	8	2	1	5	12	19	-7	7
15 Lakenheath	9	1	4	4	12	20	-8	7
16 Cornard United	8	2	1	5	12	22	-10	7
17 Harleston Town	7	1	2	4	8	14	-6	5
18 Long Melford	10	1	2	7	5	23	-18	5
19 Heacham	9	1	1	7	12	24	-12	4
20 Sheringham	7	1	0	6	5	13	-8	3

Thurlow Nunn Division One South

	P	W	D	L	F	A	GD	Pts
1 Hackney Wick	10	8	1	1	24	9	15	25
2 Harlow Town	10	7	1	2	25	6	19	22
3 Hutton	12	7	1	4	37	21	16	22
4 Rayleigh Town	9	7	1	1	18	9	9	22
5 May & Baker EC	11	5	2	4	30	18	12	17
6 AS London	10	5	2	3	26	16	10	17
7 Coggeshall Town	10	5	2	3	19	14	5	17
8 Hoddesdon Town	9	4	3	2	15	10	5	15
9 Cannons Wood	10	5	0	5	23	26	-3	15
10 Basildon Town	8	4	1	3	17	14	3	13
11 NW London	10	3	3	4	16	22	-6	12
12 Burnham Ramblers	12	3	3	6	15	26	-11	12
13 FC Baresi	10	3	2	5	18	16	2	11
14 Southend Manor	10	3	2	5	16	22	-6	11
15 Enfield Borough	10	3	1	6	18	25	-7	10
16 Barkingside	10	2	4	4	13	20	-7	10
17 Dunmow Town	12	3	1	8	18	31	-13	10
18 Brimsdown	10	2	2	6	9	18	-9	8
19 Newbury Forest	6	2	1	3	12	24	-12	7
20 St Margaretsbury	9	1	1	7	8	30	-22	4

Thurlow Nunn Division One North

	P	W	D	L	F	A	GD	Pts
1 Harwich & Parkeston	10	9	0	1	26	11	15	27
2 Haverhill Rovers	9	7	2	0	26	12	14	23
3 Stanway Pegasus	10	7	0	3	25	7	18	21
4 Diss Town	11	6	3	2	24	10	14	21
5 Whitton United	9	7	0	2	20	12	8	21
6 Holbeach United	11	6	0	5	19	19	0	18
7 Framlingham Town	9	5	1	3	33	13	20	16
8 Pinchbeck United	9	5	1	3	16	12	4	16
9 Gorleston Res	9	5	1	3	14	15	-1	16
10 FC Peterborough	11	5	1	5	20	27	-7	16
11 Holland FC	10	5	0	5	26	20	6	15
12 Leiston U23s	10	5	0	5	18	23	-5	15
13 FC Parson Drove	10	4	1	5	14	18	-4	13
14 Haverhill Borough	10	3	3	4	21	17	4	12
15 Dussindale & Hellesdon R	11	3	2	6	22	19	3	11
16 Wivenhoe Town	10	2	2	6	15	19	-4	8
17 AFC Sudbury Res	10	2	2	6	13	28	-15	8
18 Needham Market Res	9	1	2	6	6	18	-12	5
19 Whittlesey Athletic	10	0	2	8	10	40	-30	2
20 Swaffham Town	10	0	1	9	3	31	-28	1

North Teams Fixtures

ESC = Essex Cup. NSC= Norfolk Cup. LCC= League Cup

Tue 24 Sep 2024 19:45

FDN Framlingham Town v AFC Sudbury Res
 FDN Haverhill Rovers v Wivenhoe Town
 FDN Leiston U23s v Needham Market Res

Wed 25 Sep 2024 19:45

FDN Dussindale & Hellesdon R v Swaffham Town
 FDN **Stanway Pegasus v Whitton United**

Sat 28 Sep 2024 15:00

FDN Diss Town v AFC Sudbury Res
 FDN FC Parson Drove v Holland FC
 FDN FC Peterborough v Leiston U23s
 FDN Gorleston Res v Haverhill Borough
 FDN Haverhill Rovers v Whittlesey Athletic
 FDN Holbeach United v Wivenhoe Town
 FDN Pinchbeck United v Framlingham Town
 FDN **Stanway Pegasus v Dussindale & Hellesdon R**
 FDN Swaffham Town v Whitton United

Tue 01 Oct 2024 19:45

ESC Clapton Community v Harwich & Parkeston
 FDN Framlingham Town v Diss Town
 ESC **Saffron Walden Town v Stanway Pegasus**
 LCC Stowmarket Town v Whitton United

ESC Wivenhoe Town v Holland FC

Wed 02 Oct 2024 19:45

FDN FC Parson Drove v Pinchbeck United

Sat 05 Oct 2024 14:30

NSC Long Stratton v Diss Town
 NSC Swaffham Town v Dussindale & Hellesdon R

Sat 05 Oct 2024 15:00

FDN AFC Sudbury Res v FC Parson Drove
 FDN Framlingham Town v Haverhill Borough
 FDN Haverhill Rovers v Holbeach United
 FDN Holland FC v FC Peterborough
 FDN Leiston U23s v Swaffham Town
 FDN Pinchbeck United v Harwich & Parkeston
 FDN Whittlesey Athletic v Stanway Pegasus
 FDN Whitton United v Gorleston Res
 FDN Wivenhoe Town v Needham Market Res

Tue 08 Oct 2024 19:45

FDN **Holland FC v Stanway Pegasus**
 FDN Leiston U23s v AFC Sudbury Res
 FDN Whitton United v Wivenhoe Town
 LCC Woodbridge Town v Framlingham Town



STANWAY PEGASUS

Manager: Rosi Webb
Assistants: Ian Booth,
Lee Braddon & Josh Oatham
Physio: Sam Beddoes
Shirts: Yellow & Black
Shorts: Black. **Socks:** Yellow

Pl Gls From

Sam Felgate (GK)

Zac Smith-Walter

Harry Savage

Harry Boon

Jordan Robertson

George Barron

Brosnan Jarrett

Dylan Ketley-Gregen

Harry Pinkney

Max Booth (C)

Harvey Evans

Joshua Obanleowo

Ben Morris

Aaron Birch

Freddie Hayes

Harry McDonald

Elliott George

Jack McPherson

Rhys Hudson

Harrison Smith

Dylan Gee

Ben McPherson



WHITTON UNITED

Manager: Jack Wignall
Assistant:
Coach: Tony Lanni
Physio: John Watkins
Shirts: Green / White
Shorts: Green. **Socks:** Green

Pl Gls From

Luke Beamish

Ashley Blow

Jordan King

Sean Liggett

Tyo Parnell

Ben Stannard

Aidan Stearn

Max Tate

Thomas Watkins

Finley Watts

Jake Dolden

Callum Pearce

Isaiah Barber

Harry Glen

Adam Wadey

Orland Tene

Gavin Flurrie

Owen Andrews

Harrison Banner

Josh Cheetham

Jamie Curran

Ashley Horne



DUSSINDALE & HELLEDSON ROVERS

Manager: Ian Bird
Assistant:
Coach:
Physio:
Shirts: Claret / Navy
Shorts: Navy. **Socks:** Navy

Pl Gls From

Kingsley Barnes (GK)

George Eggett

Elliott Fyans

Martyn Nantongwe

Samuel Wells (C)

Jack Wason

Bradley Dagniho

Jack Richardson

Conor Durrant

James Taylor

Dylan Twaits

Alex Ingham

Finn Field

James Smith

Joshua Rivett

Will Bennett

Ali Elouassi

Finnian Kelly

Brandon Hunt

Shay Kelly



MATCH OFFICIALS



Referee:
Alfie Davidson
Assistants:
Pierce Campbell
Andrew Harvey



Referee:
Jack Ridge
Assistants:
Michael Jarvis
Robert Willcocks